

Introduced by _____

First Reading _____

Second Reading _____

Ordinance No. _____

Council Bill No. B 47-13

AN ORDINANCE

accepting a donation from United HealthCare for wellness promotions and programs for City employees; appropriating funds; and fixing the time when this ordinance shall become effective.

BE IT ORDAINED BY THE COUNCIL OF THE CITY OF COLUMBIA, MISSOURI, AS FOLLOWS:

SECTION 1. The City Council hereby accepts a \$40,000.00 donation from United HealthCare for wellness promotions and programs for City employees.

SECTION 2. The sum of \$40,000.00 is hereby appropriated from the Employee Health – Wellness Credit Account No. 659-1350-480.10-26 to the Employee Wellness – Miscellaneous Supplies Account No. 659-1350-601.13-95.

SECTION 3. This ordinance shall be in full force and effect from and after its passage.

PASSED this _____ day of _____, 2013.

ATTEST:

City Clerk

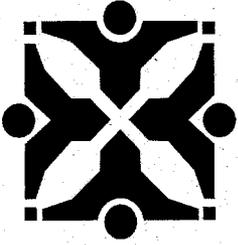
Mayor and Presiding Officer

APPROVED AS TO FORM:

City Counselor

CERTIFICATION: I certify there are sufficient funds available in the Employee Health – Wellness Credit Account No. 659-1350-480.10-26 to cover the above appropriation.

Director of Finance



[Handwritten Signature]
Source: Human Resources

Agenda Item No:

To: **City Council**
From: **City Manager and Staff** *[Handwritten Initials]*

Council Meeting Date: 2/4/2013

Re: United Healthcare Wellness Credit

EXECUTIVE SUMMARY:

United Healthcare (UHC) is providing a \$40,000 wellness allowance to the City to enhance our medical benefits during the term of the current agreement with United Healthcare.

DISCUSSION:

The wellness credit may be used by the City for eligible wellness promotions and programs for City employees, from the services outlined on the attached list. The City will receive a one-time reimbursement in 2013. Human Resources - Employee Wellness plans to provide programming that addresses high cost medical claim categories, and will include diabetes education programs and health screens for covered members, including family members.

The allowance will be offset by a reduction in the medical claims account by UHC, as it is used.

FISCAL IMPACT:

None. This credit will be applied against budgeted claims payments as the wellness allowance is used.

VISION IMPACT:

<http://www.gocolumbiamo.com/Council/Meetings/visionimpact.php>

SUGGESTED COUNCIL ACTIONS:

Approve the ordinance authorizing the appropriation for wellness activities.

FISCAL and VISION NOTES:					
City Fiscal Impact Enter all that apply		Program Impact		Mandates	
City's current net FY cost	\$0.00	New Program/ Agency?	No	Federal or State mandated?	No
Amount of funds already appropriated	\$0.00	Duplicates/Expands an existing program?	Yes	Vision Implementation impact	
Amount of budget amendment needed	\$0.00	Fiscal Impact on any local political subdivision?		Enter all that apply: Refer to Web site	
Estimated 2 year net costs:		Resources Required		Vision Impact?	No
One Time	\$0.00	Requires add'l FTE Personnel?	No	Primary Vision, Strategy and/or Goal Item #	
Operating/ Ongoing	\$0.00	Requires add'l facilities?	No	Secondary Vision, Strategy and/or Goal Item #	
		Requires add'l capital equipment?	No	Fiscal year implementation Task #	

Eligible Services Covered by Wellness Credit

- Biometric Screening- cholesterol, BP, blood glucose, body fat%,
- Flu shots
- Onsite Health Fair services- osteoporosis screening, skin cancer screening, nutritional consulting/education, mobile mammography or cardiovascular screening
- Onsite health clinic preventive services
- Wellness related consultative services from physicians, licensed therapists, registered dieticians and other health care professionals
- Health Coaching (modifiable risks) Online, Telephonic, Onsite and/or by mail
- Dedicated onsite health and wellness coordinator service (program management)
- Paper health assessments
- Health and Wellness onsite educational classes (care 24 or external vendor training, ex, stress management, ergonomics)
- Onsite Behavioral change classes- weight watchers, smoking cessation, anger management)
- Smoking Cessation programs and therapy (nicotine replacement therapy/ RX therapy
- Onsite exercise/relaxation classes- walking , pedometer program, stair climbing, water aerobics, swimming, cycling, aerobics, personal training, yoga, stretching, massage, gym memberships or onsite gym services, acupuncture, alternative/ holistic services
- Executive physical exams
- Online activity tracking and reward administration (gift cards)
- Incentive such as gift cards, stored value cards, and other incentives provided to incent participation in wellness programs. Note: contribution based incentives are not covered under this program.
- The fees for producing data feeds to UHC/Optum for biometric screening data to be loaded into Health A-Z (standard file layout only). Non-standard file layouts may generate additional costs and are not considered reimbursable under this program.
- The fees for generating out of company data extracts that are explicitly used to support wellness programs.
- Services not explicitly mention above must be approved through the BAR for coverage consideration.